

				Reduced C	hristmas GP Tir	neTable from	Mon 12 Dec 20	022 to Sun 8 Ja	ın 2023				
WEEK 1							WEEK2 2						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
12/12	13/12	14/12	15/12	16/12	17/12	18/12	19/12	20/12	21/12	22/12	23/12	24/12	25/12
12pm	12pm	12pm	12pm				12pm	12pm	12pm	12pm		Open 6am	Closed
Yoga	BodyPump	Pilates	Yoga				Yoga	BodyPump	Pilates	Yoga		to 12pm	Xmas Da
												No Class	
												<u> </u>	
5pm	5pm	5pm		5pm			5pm	5pm			5pm		
BodyPump	Boxing	Les Mills		Boxing			BodyPump	Boxing			Boxing		
Express		Core											
5.30pm	5.30pm	5.30pm							5.30pm				
BodyBalance	Yoga	BodyPump							BodyPump				
WEEK 3							WEEK 4						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
26/12	27/12	28/12	29/12	30/12	31/12	01/01	02/01	03/01	04/01	05/01	06/01	07/01	08/01
Closed	Open 7am to				Open 6am	Closed	Open 7am	12pm	12pm	12pm	12pm	Open 6am	Closed
Boxing Day	1pm				to 12pm		to 1pm	BodyPump	Pilates	Yoga	LM Core	to 12pm	
	No Class				No Class		No Class					No Class	
				5pm				5pm			5pm		
				Boxing				Boxing			Boxing		
		E 20nm							E 20nm	E 20nm			
		5.30pm BodyPump							5.30pm BodyPump	5.30pm Yoga			